

OEATA



**2016
ANNUAL REPORT**

**Presented at the 3rd
OEATA ANNUAL GENERAL MEETING**

Monday, November 14, 2016

7:00 pm to 9:00 pm

The Quaker House
60 Lowther Ave, Toronto, ON

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~ OEATA ~
ONTARIO EXPRESSIVE ARTS THERAPY ASSOCIATION

Mission and Vision Statements

OEATA's Mission is to develop, steward and promote the Expressive Arts Therapy profession and the interests of Expressive Arts Therapists. As the united voice of OEATA members, the organization serves to uphold high standards of competent and ethical practice in alignment with the Ontario College of Registered Psychotherapists.

OEATA's Vision is for people everywhere to share in the creative powers of expressive arts to transform their inner worlds and communities. OEATA recognizes and fosters the essential values of imagination and creative expression through the arts in psychotherapy, education, social justice and community development.

Table of Contents

AGM Agenda.....	4
President’s Report.....	5/6
Treasurer’s Report.....	7/8
Secretary’s Report.....	9

COMMITTEE REPORTS

Governance & Operations Committees

Governance Report.....	10
Ethics Report.....	10
Nominations Report.....	10/11

Membership & Communications Committees

Membership Report.....	12
Communications Report.....	13

Advocacy & Professional Development Committees

Professional Development.....	14
Continuing Education Report.....	14

Slate of Nominees	15
Biographies	16 - 18

OEATA 2016 AGM AGENDA

6:00 PM Registration

7:00 – 7:40 PM Annual General Meeting

- Welcome and Introduction of Guests
- Declaration of quorum according to OEATA's by-laws
- Presentation of Agenda
- **Motion** to Accept Minutes of November 8, 2015
- **Motion** to Accept Agenda
- Report from President
- Presentation of Financial Report
- **Motion** to Accept Financial Report
- Appointment & **Motion** to Accept a person to conduct a review of the Financial Report
- Committee Reports
- Presentation of Slate of Nominee Candidates for Board Members
- **Motion** to Accept Slate of Candidates for Board Members
- Any other Business According to By-laws
- **Motion** to Adjourn AGM

Post AGM Itinerary

7:40 – 8:00 PM

Community Movement and Voice Structure
lead by OEATA Vice-President, **Carol Barrett**
and Guest Expressive Arts Therapist, **Catherine Marrion**

8:00 – 9:00 PM

FAQ Session: College of Registered Psychotherapists of Ontario – Regular
Route

9:00 PM

Refreshments

9:30 PM

Departure

PRESIDENT'S 2016 OEATA AGM REPORT

Terri Robertson, OEATA President

In 2016 OEATA:

- Board networked with CREATE, Prairie Institute, WHEAT, the Fleming College and Langara College; The Ontario Alliance of Mental Health Practitioners, The Dance Movement Therapy Association of Canada – Ontario Branch, and the Canadian Association for Psychodynamic Therapy
- attended First National Symposium for Dance and Well-Being presented by the National Centre for Dance Therapy
- Met with the Canadian Art Therapy Association and the Ontario Art Therapy Association on ways to move forward together under the same umbrella for a unified voice with the government. It is confirmed that each province will have its own College of Registered Psychotherapy.
- OEATA has established Continuing Education Credits with Leading Edge Seminars and Jack Hirose Seminars
- Sponsored Refreshments for Fireside Fundraiser and the Rosario Sammartino Workshop and Daria Halprin workshop
- Offered an OEATA forum for the College of Registered Psychotherapists of Ontario (CRPO) and on-going support in the application process for members
- Established the Professional Development Committee
- Purchased QuickBooks program and training
- Consulted our roster of consultants (lawyer, strategic planner, book keeper)
- Held Strategic Planning Retreat and reviewed our three year plan
- Created a survey to determine member needs and satisfaction
- Created useful templates (Note-taking, tracking hours etc)
- Framework for Intersectional Anti-Oppression Peer Supervision Groups
- New dynamic MailChimp Newsletter
- Organized the Third Annual General Meeting

Going forward OEATA is planning to:

- Double the membership by 2018
- Make a splash with relevant response to member needs
- Host ongoing Intersectional Anti-Oppression Frame workshops
- Introduce Circles of Competency

- Open the web for OEATA committee membership
- Plan for Board Succession and Member Mentoring
- Support members with their CRPO application
- Plan workshops offering Professional Development Credits (eg. How to conduct Arts-Based Research and how to present a Poster Session)
- Continue OEATA's social media presence and keep the Website current with your videos, images, job postings, and your news
- Continue building the membership directory
- Review Governance documents for alignment with CRPO
- Participate in the IEATA 2017 Conference in Winnipeg with an OEATA Spielraum
- Encourage members to participate in conferences inside the discipline and outside.

As a collective of dynamic fire-tenders, OEATA holds member interests close to heart. At OEATA we honour the arts and relational health. If you can imagine all the care that you put into your ExAT practice, that is how OEATA is caring for you.

Board work is a very useful skill set and while we seek members with knowledge and experience, OEATA is open to mentoring. We welcome your new energy, ideas and skills. In addition, working on the board can count as currency hours towards your CRPO registration. Come Grow your Edge, Connect with Us.

To my colleagues on the Board, I thank you for stepping up to the fire, weaving the web of community and stewarding the smooth sailing of OEATA.

To our members I thank you for your curiosity, questions, feedback and support. For potential members, I say 'Jump in, get wet, dry off at the fire...OEATA is great at making our own fun.'

Thank you
Sincerely

Terri Roberton
President, Ontario Expressive Arts Therapy Association

Treasurer's 2016 Financial Report

Shara Claire, OEATA Treasurer

- New members/renewals generated considerable revenue for OEATA
- Online Member Directory increased the strength of our public profile
- Board insurance is now in place
- New payment options: paypal and e-transfer
- Quickbooks training on the horizon
- Funding allows events like CRPO forum & Career Day (in near future)

This Year 2015/16

Ontario Expressive Arts Therapy Association Profit and Loss October 2015 - September 2016

	Total
Opening Bank Account Balance	\$ 5053.54
Income:	
Membership dues	\$5690.00
Other Deposits	\$0
Total Income	\$5690.00
Gross Profit	\$5690.00
Expenses:	
Bank charges	\$122.61
Promotional	\$976.10
Office Supplies	\$24.75
Board Insurance & Other Legal	\$660.00
Total Expenses	\$1783.46
Profit	\$3906.54
Closing Bank Account Balance	\$7734.17

Last Year

**Ontario Expressive Arts Therapy Association
Profit and Loss
October 2014 - September 2015**

	Total
Opening Bank Account Balance	\$ 1905.95
Income:	
Membership dues	\$ 3800.00
Other Deposits	3.70
Total Income	\$ 3803.70
Gross Profit	\$ 3803.70
Expenses:	
Bank charges	\$ 99.92
Promotional	\$ 241.45
Website (directory)	\$ 254.25
Office Supplies	\$ 60.49
Total Expenses	\$ 656.11
Profit	\$ 3147.59
Closing Bank Account Balance	\$ 5053.54

Secretary's Report

Anthony Bergamin, OEATA Secretary

The Secretary is accountable to the Board of Directors and/or members as specified in the OEATA by-laws. The Secretary is responsible for ensuring that accurate and sufficient documentation exists to meet legal requirements for authorized persons to determine when, how and by whom the board's business was conducted. In order to fulfill these responsibilities and subject to OEATA's by-laws the Secretary will:

- attend all Executive Board meetings or if unable to attend the President will appoint another board member to assume the responsibilities of the Secretary;
- contribute to discussion and decision making at the meetings;
- document in the minutes: discussions, motions and business of OEATA, and
- distribute the minutes of meetings to the Board

Minutes are available to all OEATA members upon request.

OEATA 2016 COMMITTEE REPORTS

Governance & Operations Committees

Co Chairs: Terri Robertson, Anthony Bergamin, Norma Araiza, Margo Charlton
Committee Member: Melanie Nesbitt

Governance Committee Report

This year the Governance committee has secured OEATA Board of Directors insurance through McFarlan Rowlands. It has also continued to develop the 'OEATA Policies and Procedures Manual' and will develop an 'OEATA Board of Directors Handbook' to welcome future board members. OEATA's new board appointee Margo Charlton has engaged her expertise in developing a Membership Survey and facilitating the Board's June Retreat Day. As a result Margo developed the first draft of OEATA's 'Strategic Plan 2016-19' that will facilitate OEATA's growth and movement forward for it's members and EXAT community.

Ethics Committee Report

Chair: Terri Robertson

Please review your OEATA Code of Ethics and Standards of Practice at oeata.ca every year for updates. We are aligning with CRPO.

Nominations Committee Report

Co-Chairs: Norma Araiza & Anthony Bergamin
Committee Member: Melanie Nesbitt

The Nominations Committee is positioned under the heading of Governance & Operations. A minimum of three members are appointed by the Board of Directors to look for potential members to sit on the OEATA Board. The Committee reaches out to individuals within the EXAT community or people who support the vision and mission of the OEATA.

The role of the Nomination Committee includes the following:

- Reviewing the balance and composition of the Board and its Committees, ensuring they remain applicable and are based on the needs of the Association;
- Being responsible for overseeing the Board's succession planning requirements;

- Setting criteria for becoming a Board member with Board involvement, and;
- Identifying, considering and recommending potential Board candidates for Board approval

Two vacancies occurred on the Board in between the 2015/2016 Annual General Meetings. Tristan Whiston and Margo Charlton were appointed by the President to sit on the Board as members at large. Tristan decided not to stand for election to the Board due to his many commitments in the community. The OEATA Board thanks him for his insight, intelligence and expertise in how to develop and expand our membership. Although he will not be on the slate of nominees we are pleased to report he has decided to sit on the Professional Development Committee. Margo Charlton will stand for election. Her expertise in governance and development has contributed greatly to the direction of the association through her development of the OEATA Strategic Plan 2017-19.

At the AGM on November 14, 2016, OEATA voting members can vote for the slate of nominees. The OEATA 2017-2019 Board of Directors candidates are:

Second, 2 year term:

Terri Robertson, President
Carol Barrett, Vice president
Shara Claire, Treasurer
Anthony Bergamin, Secretary
Norma Araiza, Member at Large

First, 2 year term:

Margo Charlton, Member at Large

Membership & Communications Committees

Co-Chairs: Terri Robertson & Anthony Bergamin

Membership Committee Report

Chair: Terri Robertson

I am pleased to report that OEATA is growing with 80 members in total, up from 63 in 2015 and 37 in 2014.

Tell OEATA when you are an RP and if you supervise.

OEATA Membership fees are due January 31 of each year.
Send questions to info@oeata.ca.

Membership demographics

1. Geographical distribution:

- 3 – from British Columbia
- 2 – from Alberta
- 17 – from Ontario outside the GTA
[Barrie, Bracebridge, Brantford, Burlington, Hamilton, Havelock, Kitchener, Lakewood, New Lowell, Ottawa, Owen Sound, North Bay, Perth, Rockwood, St. Catherines, Sioux Look Out, Slate River, Waterloo]
- 58 – from the GTA.

2. Distribution by category:

- 52 – Professional
- 2 – Inactive

- 7 – Associate Expressive Arts Practitioner
- 17 – Student
- 2 – Affiliate
- 0 – Supporting

Communications Committee Report

Co-chairs: Anthony Bergamin & Terri Robertson

The main tasks for the OEATA Communications committee has been in the maintenance of the OEATA website, OEATA Newsletter, Facebook pages, print and other media (Twitter still to come?)

Highlights for 2015/16:

- follow-up on the creation and implementation of the “**OEATA Member Directory**” on the OEATA website; there are **22 active profiles** as of November 2016. We hope that all OEATA members will have profiles listed in the coming year.
- creation of a new “**Current Members List**” – members’ names are clickable links which connect to their OEATA directory profiles if the member has created one. (Please create your online profile and ask us for help if you need it!)
- continued maintenance of the **OEATA FAQ** website page
- continued listings of relevant **Continuing Education** opportunities and **CRPO updates** via the **OEATA News & Updates** website page
- a new **OEATA Newsletter** delivery platform using **MailChimp**
- Terri Robertson continues to maintain and update the **OEATA Facebook** page

Advocacy & Professional Development Committees

Co-Chairs: Shara Claire, Norma Araiza, Carol Barrett

Professional Development Committee Report

- This committee is focused on helping our EXAT practitioners continue to develop as professionals.
- IEATA conference in Winnipeg for 2017: OEATA will offer a Spielraum
- EXA Career Day is in the works
- Documents & guidelines to support practitioners in forming their own peer supervision groups in accordance with CRPO's requirements are underway
- We are open to your ideas. Please tell us about what you feel you need from your professional association. We wish to serve our community!

Continuing Education Committee Report

The Continuing Education is a new committee looking for more members.

OEATA is developing:

- Continuing Education Credits with more learning centres such as Leading Edge Seminars and Jack Hirshorn,
- Continue offering CRPO support & discussions
- Career Salons
- 2017 OEATA plans to offer professional and career development workshops for members
- Other ideas in development include an IAO workshop in 2017, Poster Sessions and Arts-Based Research, and the introduction of Circles of Competence and Peer Supervision.

**Slate of Nominees for the
2017 - 2019 OEATA Board of Directors (2 year term)**

Terri Robertson - Candidate for President

Carol Barrett - Candidate for Vice President

Anthony Bergamin - Candidate for Secretary

Shara Claire - Candidate for Treasurer

Norma Araiza - Candidate for Member-at-Large

Margo Charlton - Candidate for Member-at-Large

Motion to Accept Slate of Candidates for Board Members

Biographies

Terri Robertson Current OEATA President

CREATE class of 2009, Terri Robertson, pioneered the practicum sites at Margarets and at Bridgepoint Active Health. With knowledge of the arts and research, she was on the executive stewarding OEATA as the first Vice-President since 2009, and as president since 2015. She guest lectures on the topic of Arts-Based Research in Art & Psychology and Research Methods courses at George Brown College and Ryerson. In 2010 she presented her graphic story research in the poster session at the Health Equity Conference held at Ryerson, and in 2011 was invited to give a presentation at the Annual Daphne Cockwell School of Nursing Research Symposium. She works with Margarets.ca

Carol Barrett Current OEATA Vice President

Since 2004 Carol has facilitated expressive arts groups at YWCA Toronto for women healing from the effects of traumatic experiences. As a former professional dancer and teacher she brings her knowledge of movement and the body to her practice as an expressive arts therapist. In 2015 Carol completed an M.A in Expressive Arts Therapy and Psychology at the European Graduate School in Saas Fee, Switzerland. Carol has been Vice-President of OEATA since 2015.

Anthony Bergamin Current OEATA Secretary

Anthony (Tony) is a Toronto based expressive arts therapist, singer and actor, with an EXAT private practice that is voice, movement and performing arts based. Anthony graduated from the University of Toronto with an Honours BA in English & Psychoanalytic Thought after completing 2 years in the Voice Performance program. He completed his EXAT training at The CREATE Institute (formerly International School for Interdisciplinary Studies) in Toronto in 2007/8 and also has a General Certificate in Roy Hart Voice Work from the Roy Hart Theatre and an Essentials of Psychoanalytic Psychotherapy certificate from the TICP. Anthony has been part of the OEATA executive committee since 2010, is the current OEATA Secretary and co-chair of the Communications committee maintaining and updating the OEATA website and the OEATA Newsletter. He is also a CAPT member and is working on application to the CRPO.

Shara Claire
Current OEATA Treasurer

Shara Claire is a certified counselor through the Counsellor Training Institute in Victoria, BC, and has practiced as an expressive arts therapist since her 2005 graduation from ISIS-Canada. She is currently in private practice in the east end of Toronto, and at work on her MA in expressive arts therapy at the European Graduate School in Saas-Fee, Switzerland. Shara founded the Toronto-based percussion and hand-drumming institute FindingRhythm, and offers instruction and facilitation in relational music-making. Shara assisted with the editing and production of POIESIS: A Journal of the Arts and Communication, for 10 years. She is pleased to enter her second year serving on the board of OEATA, and to be nominated as Treasurer, under past Treasurer Page Dixon's guidance.

Norma Araiza
Current OEATA Member at Large

Norma is a performer/choreographer/instructor of Yoeme (Yaqui) descend, originally from Mexico. She has studied different disciplines within the arts in order to find her own unique style that blends dance, theatre, vocals, percussion, and Tai Chi Chuan with cultural and traditional themes especially from her Indigenous background. She uses these modalities in her Expressive Arts Therapy practice. Norma has completed her Master's Degree in Dance Ethnology at York University, and graduated from the Expressive Arts Therapy Program at ISIS-Canada in 2006. Since her graduation, Araiza has been lucky to work as an EXA therapist. She is currently working at Hospice Toronto as the EXAT Program Coordinator. She facilitates sessions using Expressive Arts Therapy in groups and with individual clients in different settings such as hospitals, community centres, schools, non-profit organizations, etc. She is happy to be involved in the OEATA community bringing to it her expertise and cultural approaches, as well as her desire to learn from the other members.

Margo Charlton
Current OEATA Member at Large (appointee)

Margo Charlton has a deep commitment to the role of art in social change. As a theatre artist, she produced and directed theatre productions focused on social issues. Her work in community-engaged theatre has been recognized by numerous invitations to national and international conferences. She is a graduate of CREATE and brings her expressive arts therapy experience to facilitating groups.

As a consultant, she has developed art-based research methods and conducted program evaluations and strategic planning for a wide variety of arts and community organizations in Toronto and Ontario. For the Toronto Arts Foundation, she was the lead researcher for Transforming Communities Through the Arts, a SSHRC-funded study of three Toronto neighbourhoods. Margo works as the Research and Impact Manager at Toronto Arts Council.

Melanie Nesbitt

OEATA Past President (ex-officio, non-voting with Board)

Melanie Nesbitt, is a 2009 founding member of OEATA and remains vital in supporting the OEATA Board by attending meetings and sitting on the Governance & Operations Committees. Her experience, wisdom and continued guidance is deeply valued by the Board – We Thank you Melanie!